



**DANA MARTIN STUDIO**  
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# KEYS

DANA MARTIN STUDIO  
MONTHLY NEWSLETTER

### NEWSLETTER INFO

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Subscription info:  
Free to students enrolled in  
Dana Martin Studio

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KEYS | FEBRUARY 2023

## WHAT'S NEW FOR DANA

If you're not from Lexington, you may not know about Joe Bologna's Italian restaurant on Maxwell. Anthony and I recently rediscovered it, and we highly recommend it. You haven't lived until you've tried their amazing breadsticks swimming in garlic butter.

This is Ryan's first basketball season, and he's a natural for defense. He has the Ryan shuffle down pat! And he's made at least one basket nearly every game. Will's team finished the season 5-2 and lost in the semi-final game. He scored 6-10 points every game.



Ryan

Evie & Natalea

Megan

Will



Jon-Michael, Tiffany, Hadlee, Landree



# KEYS NEWSLETTER

DANA MARTIN STUDIO MONTHLY NEWSLETTER

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## MARY-JO BRIGUGLIO

### STUDENT SPOTLIGHT



Vince and Mary-Jo

Meet Mary-Jo, one of my adult students. She and Vince helped with the spring and Christmas recital receptions. And she also helped me at our Virtual Holiday summer group classes last summer.

Mary-Jo enjoys playing all kinds of music, and she works diligently to play each piece with musicality. When you read her article I think you'll be as amazed as I am at how much she gets done. When I grow

up, I want to be like Mary-Jo!

Hi. My name is Mary-Jo Briguglio. My husband, Vince, and I moved to Georgetown, Ky from Colorado a little over a year ago. We had a ranch with cattle, that we raised for grassfed beef, horses and of course a couple of dogs. Cattle ranching got to be hard there with the water issue and fire issues and Kentucky seemed like an ideal place to move to, so we sold our cattle and brought our horses and dogs out here. Our horses, Tom, Lindy, and Chipper, love it here and our dogs, Bella, and Trigger, seem to like it here too. We do hope to raise cattle again.

We both love to travel and have taken numerous trips around Colorado. We've also traveled to Wyoming, New Mexico, Arizona, Alaska, and Utah. One of our most memorable trips was pontoon rafting down the Grand Canyon. It was a wonderful adventure of 5 or 6 days of being on the Colorado River and sleeping under the



## COMMUNITY Studio Happenings



WELCOME NEW STUDENTS!

- AIDAN BOYD
- JONATHAN DUEBER
- BRAD JOHNSON
- MOLLY MADDEN
- HENRY MEYER



HAPPY BIRTHDAY!

- PAIGE BONIN FEB 7
- BRAD DAVIDSON FEB 12



IMPORTANT DATES

- WINTER PERFORMANCE FEB 18
- SPRING BREAK APR 3-9
- SPRING RECITAL MAY 15

## ONE-MINUTE CLUB

Students are doing great with the One Minute Club challenge! We're having fun and learning our notes better in the process.

Ways to help your student:

- Quiz your student on his notes at home to help him achieve a faster time at his lesson
- Download Flashnote Derby (only available on iOS) or another note-naming app to practice at home

We'll continue this challenge through February, so there's still time to improve your time for your level and maybe even win a gift card!

## WINTER PERFORMANCE

We're scheduled to go back to Friendship Towers at Sayre Christian Village on Saturday, February 18 for our Winter Performance. Here are the details:

**SATURDAY, FEBRUARY 18 @ 3:30 PM**

**Sayre Christian Village**

**Friendship Towers**

**580 Greenfield Drive, Lexington**

Please make about 20 Valentines or "Thinking of You" cards (per family) for the residents.

[Click here](#) or or scan the code below to RSVP (yes or no).



## PRACTICE TIPS

*How to make practice part of a daily routine*

**1**

**Choose a time of day** EVERY DAY that's piano practice time. Within a few weeks it no longer requires effort, but it becomes a habit the same way that brushing your teeth is a habit.

**2**

**Keep the instrument in the center of your space.** If the piano is in an isolated corner of the house like a basement or bedroom, it makes practice time feel more like a punishment than a shared activity. Keeping your keyboard in your living room or near to wherever you spend the most amount of time signals its importance in the family.

**3**

**Celebrate the small wins.** During practice sessions, praise "how smooth that section was," or "that rhythm was so fun and bouncy!" By celebrating the small wins, you are watering the seeds of encouragement and growth in your young student which may be what keeps them making music for a lifetime instead of just taking piano lessons for a season!



## MARY-JO (CONTINUED)

starlit sky at night – being totally disconnected from the conveniences of modern-day life.

We've also had the opportunity to travel to Italy on a Rick Steves tour visiting many places including Cinque Terra, Venice, Florence, Rome, and the beautiful area of Northern Italy. The history of that country and the artwork was so amazing.

I am retired but I have lots of activities to occupy my time. On the top of my list is piano. I took piano lessons as a child for a couple of years and then quit. Then I started taking them again in my 20's when I lived in Hialeah, Florida. When I moved to Sarasota, Florida, I didn't continue with those lessons. Then when I moved to Fort Collins, Colorado started taking lessons again – and am glad I have continued with those lessons now that I live in Kentucky. Playing the piano keeps my brain active making me think about the notes, symbols, where my hands are supposed to be and when they need to move. It's a lot to think about all at once but I do enjoy every minute of it. I try to spend several times a day practicing for 10 to 15 minutes each time. However, sometimes I find myself practicing my lesson for the week and then going back to some familiar pieces and

playing them – my 10 to 15 minutes turns into 30 to 45 minutes or maybe even an hour. If I was asked to give advice to anyone who is taking piano lessons it would be to stay with it. It's a beautiful instrument and when you are at someone's home who has a piano, it's fun to gather people around to have them sing while you play... everyone enjoys it!

Besides piano and traveling, other activities I enjoy are working out (especially Pilates class), horseback riding, bowling, cooking, gardening, reading, writing poetry, sewing (you can find my items in the Midway Makers Market in Midway), watching TV (sometime football depending on what team is playing), and recently becoming involved in the Georgetown Civilian Police Academy Alumni Association. The association does a lot for the police as well as for the community. I am also involved in MADD (Mothers Against Drunken/Drugged Drivers) raising money for their annual walk and speaking at Victim Impact Panels which I did in Colorado and will do here in Kentucky as well.